



Welcome to the JUDSON JR. ROCKETS

We are thrilled to have you and your child as part of our team.

The primary purpose of this handbook is to acquaint you with the rules and policies of the Judson Junior Rockets Football Program. As a Parent/Guardian of a player or cheerleader, you are responsible to read, know, and understand the contents of this handbook. If there is something in this book you do not understand, please bring it to our attention as soon as possible. We passionately believe that parents and players have a great desire to be successful and are willing to work very hard to accomplish the goals of the program. If we did not believe this thoroughly, neither of us would be here. Our policies have been put in this booklet so you (the parents) could refer to them from time to time during the season. This handbook was not made to disrupt the lines of communication between you, the coaches, or the organization, but to encourage it. You have signed up with the Rockets because you wish to be a part of a great family, program, and a proud tradition. This can only be accomplished when you know what is expected of you and your player.

Program Overview:

Spring Season Age Groups

- Flag Football: 4-5 yrs old
- Tyke Tackle Football: 6-7 yrs old
- Rookie Tackle Football: 8-9 yrs old
- Junior Tackle Football: 10-11 yrs old
- Senior Tackle Football: 12-13 yrs old

Fall Season Pure Age Groups

5U, 6U, 7U, 8U, 9U, 10U, 11U, 12U, 13U

Season:

The spring football season typically runs from February to June. The fall season typically runs from August to December.

Practices:

Practices are held several times a week, with schedules communicated by the coaching staff. Spring - 2 days per week, typically Tuesdays and Thursdays from 6-8pm. Fall, three days per week, typically Tuesday, Wednesday, and Thursday, 6-8pm.

Games:

Regular season games are typically played on weekends, Spring - Saturdays or Sundays. Fall the games are typically held on Saturdays.

Equipment:

Players are provided with necessary equipment such as helmets, shoulder pads, and jerseys, but are responsible for their own cleats, mouthguards, and water. The tackle players will also be responsible for acquiring practice pants and a practice Jersey which can be bought at most athletic retailers. The safety of our players is our top priority.

Parents are responsible for ensuring that their child's equipment is properly maintained and fitted, and for adhering to all safety guidelines and protocols. If a player's pads do not fit or become unusable or defective, please let a member of the staff know immediately.

Attendance:

Regular attendance at practices and games is crucial for player development and team success. Playing time may be affected if the coach feels the player isn't ready to play. This is a tough game and requires understanding of game planning and focus, along with the necessary skills to protect not only themselves but those around them.

All parents and players are expected to adhere to the program's code of conduct, which promotes integrity, respect, and sportsmanship. Violations of the code of conduct may result in disciplinary action, up to and including suspension or expulsion from the program. Depending on the level of infraction, coaches or other staff may reach out to parents to find a solution. We work with you, not against you. Please let us know if anything is going on at home that may be affecting your child's behavior.

Code of Conduct – Players & Parents

Parents will allow a 48-hour cool down period prior to speaking with a coach regarding any issues from practice or a game unless they involve health and safety.

Parents and their guests will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials, and spectators, at every game, practice, or other sporting event.

Players are expected to treat coaches, teammates, opponents, officials, and spectators with respect always.

Players must exhibit good sportsmanship by following the rules, accepting victory and defeat gracefully, and refraining from unsportsmanlike conduct such as taunting, trash-talking, or aggressive behavior.

Players are responsible for their safety and the safety of others. They must adhere to proper equipment use, follow coaches' instructions during drills and games, and report any injuries or concerns promptly.

Players are encouraged to prioritize their academic responsibilities and maintain a good standing in school. Academic excellence is valued as much as athletic achievement.

Players are part of a team, and teamwork is essential for success. Players must support and encourage their teammates, communicate effectively, and work together towards common goals.

Staff Code of Conduct

Coaches and staff members are expected to lead by example and serve as positive role models for players.

Coaches must treat all players fairly and equally, providing opportunities for development and growth regardless of skill level or background.

Coaches are responsible for the safety and well-being of players under their supervision. They must adhere to safety protocols, monitor players for signs of injury or fatigue, and provide appropriate medical attention when needed.

Coaches and staff members must always professionally conduct themselves, both on and off the field. This includes communicating respectfully with players, parents, officials, and opposing teams.

VIOLATIONS OF THE CODE OF CONDUCT

Violations of the conduct policy may result in disciplinary action, including but not limited to:

- Violations of the conduct policy may result in disciplinary action, including but not limited to:
 - Verbal warnings and reminders of expected behavior.
 - Temporary suspension from practices or games.
 - Permanent removal from the team or coaching staff, depending on the severity of the infraction.
 - Decisions regarding disciplinary actions will be made by the coaching staff and league officials per TYFA policies and procedures.
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By adhering to these conduct guidelines, players and staff members of the Judson Jr. Rockets football program can create a positive and respectful environment conducive to player development, teamwork, and sportsmanship.

Being an athlete that represents the Junior Rockets entails more than just skill on the field. It encompasses values such as discipline, commitment, and integrity. In our youth football organization, discipline is fostered through constructive physical activities such as running laps, performing sit-ups, push-ups, and similar exercises. We recognize that discipline plays a pivotal role in the development of young athletes, instilling valuable lessons of commitment, focus, and resilience. Before any disciplinary action is taken, discussions with parents will ensure alignment with individual boundaries and expectations, further nurturing a supportive environment for growth and character development.

Players will be disciplined individually or in a team manner. Discipline will be fair and never excessive. If we have a player or cheerleader who does not want to participate or continually demonstrates poor conduct, that child will be removed from the program until we can have a conference with the parents.

MISSION, VISION, & CORE VALUES



Mission

To initiate and support community-based youth programs that promote athletics, health, and our children's social skills.



Vision

"The Judson Jr. Rockets strive to cultivate a community where every child has the opportunity to excel both on and off the field.

We envision a future where our youth programs not only promote athletics and health but also foster the development of essential social skills. Through our commitment to personalized development and team goals, unwavering integrity, selflessness, discipline, and relentless effort, we aspire to mold young athletes into champions of character. Our vision is to continue our legacy as a competitive force in the San Antonio area, where teamwork, perseverance, and sportsmanship are the hallmarks of the Judson Jr. Rockets."



Core Values

COMMITMENT

Commit to personal development and team goals.

INTEGRITY

Do the right thing when no one is looking. Be honest and loyal to parents, coaches, teachers, and peers.

SELFLESSNESS

Look out for teammates that need help. Give a hand where it is needed, even if it may not be your responsibility. Successful teams are built from selfless individuals.

DISCIPLINE

When motivation fades discipline takes over. Mental toughness and resilience are key to improving and becoming the best version of yourself you can be on and off the field.

EFFORT

The coaches can't teach effort. You must come with it every day you lace up those cleats and hit the field.

SPRING 2024 PRICES/PAYMENTS



Scan QR to go to JJR Registration Website.

Flag - \$110

Tackle - \$135

10% sibling discount

Payment can be made via the Judson Jr. Rocket website.

PLAYING TIME

We understand that it can be very difficult to accept that your child is not playing as much as you may hope. Coaches make decisions based on what they believe is in the best interests of all players participating and the success of the program. Playing time is earned not given. Attendance at practice is required to play football for the Judson Junior Rockets. Players and parents must understand the level of commitment that is necessary to make a team successful. Absences jeopardize the entire team and hinder the success of the team.

The first 2 to 3 weeks of practice is what we call the “CONDITIONING” period. We will practice TUE through THUR from 6:00 pm until 8:00 pm. The league mandates that we have 7 days of conditioning before we have full contact. After the conditioning period,

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we will go to our normal practice schedules which will be 3 days a week.

Appropriate concerns to discuss with a coach:

- The mental and physical treatment of your child.
- What your child needs to do to improve.
- Concerns about your child's behavior.
- How you can help your young athlete.
- How much playing time your child is getting, can be discussed if it is done in a respectful manner. Both parent and coach can have a conversation about what the player needs to work on to get more playing time.

In-Appropriate concerns to discuss with a coach:

- Team strategy or Play calling.
- Any situation that deals with other athletes outside of your own.

Some situations may require a conference between the coach and parents. These are not discouraged, as each party needs to have a clear understanding of the other's position. When these conferences are necessary, the following procedure is suggested to help promote resolution to the issue.

If a parent has a concern to discuss with the coach, the following procedure should be followed:

- Call the Head Coach to set up an appointment.

- If the coach cannot be reached, call the Rocket Athletic Director or Commissioner, and ask him or her to set up a meeting with the coach for you.
- Think about what you expect to accomplish because of the meeting.
- Stick to discussing the facts, as you understand them.
- Do not confront the coach before, during, or after a practice or game. These can be emotional times for both adhere to the 48-hour policy. Both parenting and coaching are very difficult. By establishing an understanding between coaches and parents, both are better able to accept the actions of the other and provide a more positive experience for everyone involved. Parents have the right to know, and understand, the expectations placed on them and their children. Coaches have the right to know that if parents have a concern, they will discuss it with the coach at the appropriate time and place.

Communication parents should expect from their child's coach:

- The Coach's philosophy.
- Expectations the coach has for your son or daughter, as well as other players on the team.
- Locations and times of practices and games.
- Procedures that will be followed if your child becomes injured during participation.
- Team rules and conduct

Communication coaches expect from parents:

- Concerns regarding their son or daughter are expressed directly to the coach at the appropriate time and place.

- Specific concerns regarding the coach's philosophy and/or expectations.
- Notifications on any schedule conflicts prior to practice and/or games.
- If something needs to be expressed, please do not turn to your left or right to discuss the issues. This can be divisive and can lead to even bigger issues.

TYFA CERTIFICATION PROCESS

Certification Process begins on TYFA.com.

1. After completing the registration process on www.judsonjrrockets.com, the league administrators will provide information on the certification process.
2. Coaches, players, and other team personnel will need to create accounts on the TYFA website (www.tyfa.com).
3. Players need to provide proof of age and residency to TYFA officials to verify eligibility for participation in the league.
4. Once all certification requirements are met, the league administrators will finalize the team roster and submit it to TYFA for approval.
5. Upon approval from TYFA, teams will be eligible to participate in league-sanctioned games and events throughout the season.
6. Throughout the season, TYFA will provide support and resources to member organizations like the Judson Jr. Rockets to ensure a safe and enjoyable experience for all participants.

By following these steps, players can successfully register for the Judson Jr. Rockets football program and become certified to participate in TYFA-affiliated leagues, both in the spring and fall seasons.

All coaches and staff members must complete the required certification courses and background checks mandated by TYFA to ensure compliance with safety and coaching standards.

VOLUNTEERING AND FUNDRAISING

Are you interested in joining the JJR staff or finding out more about volunteer opportunities?

Our organization cannot function without volunteers. Throughout the year we will require the assistance of our parents to help the organization in a variety of ways. We ask that you be an active participant in our organization and make our program stronger. We are always looking for new ideas or ways to make the organization better. We have various ways in which you can be a participant in our organization.

We will require parents' assistance to work the admissions gate, Rockets concession stand (16 years or older or must be accompanied by an adult) during practice and home games and help with setting up the field early and breaking it down after the last game. Your respective team manager will distribute a signup to organize the work schedule etc. Please keep in mind that we will not ask you to volunteer your time during the time that your child is playing or cheering.

Fundraising

You may see the organization host multiple fundraising opportunities throughout the season. We also try to find local restaurants that would like to host a JJR night. If you know of any businesses that are interested in sponsorship or fundraising opportunities, we are always looking for different ways to support the local community and bring more opportunities for our athletes.

Each season there is one MANDATORY fundraiser, and we require 100% participation for the fundraiser. We understand that some parents do not like fundraisers. So, if you choose not to take part in the fundraiser, you can opt out of the fundraiser and pay the amount that would have been raised by your player or cheerleader's participation in the fundraiser. The "Opt Out" amount is \$65.00 for this season's fundraiser. Please understand that the proceeds from this fundraiser go to pay for organizational fee's, equipment purchases, field costs and help offset the rising cost associated with running a youth football/cheer program.

If you are choosing the OPT out fee for the Spring 2024 Seasonal Fundraiser

The payment can be made via www.judsonjrrockets.com via the custom payment tab.

Thank you for choosing to be a part of the JJR Program.

DISCLAIMER

Any other use of the Judson Junior Rocket logo without the Judson Junior Rockets owner's expressed written consent is prohibited.



Champion athletes aren't just born - they're selected, trained, molded, and tested. Since 2000, Judson Jr. Rockets has been a competitive force in the San Antonio area. We hone raw talent to maturity with quality coaching, primal workouts, and a true love of the sport. Teamwork, perseverance, sportsmanship - those are the hallmarks of Judson Jr. Rockets.